



**Wednesday 5<sup>th</sup> October 2011**

**Exercise and Industry**

**1. Fusion takes over Charnwood leisure facilities  
Spa Business**

Charnwood Borough Council (CBC) has confirmed that Fusion Lifestyle has taken over the management of local sports and leisure venues from previous operator Serco Leisure.

[Spa Business](#)

**Health and Lifestyle**

**1. Conservative Party Conference 2011: don't rule out a fat tax, says  
David Cameron  
The Telegraph**

A "FAT tax" to reduce levels of obesity could be introduced, David Cameron has said.

[The Telegraph](#)

**2. How to go from couch potato to healthy!  
Closer Online**

Kriss Akabusi tells us how to go from a couch potato to a picture of health!

[Closer Online](#)

**3. Health Applications: Facebook's Part In Healthy Living  
International Business Times**

There is nothing that can stop Facebook in providing different applications and helpful services to its avid fans.

[International Business Times](#)

**4. Healthy grants on offer  
The Northern Echo**

MONEY is being offered to entice people into healthier lifestyles.

[The Northern Echo](#)